

TAPAS

Plates to share

PATATAS BRAVAS*

Chunky potato with pesto & tomato sauce NGA/V 14.50 ADD CHORIZO 16.50

ARTISAN, SMOKED RYE SOURDOUGH BREAD

Served with beetroot hummus, harissa butter and balsamic olive oil *D.F/V* **16.50**

"PIZZA" FOCACCIA

Garlic or pesto or tomato sauce on the base, semi-dried tomatoes, olives & basil and cheese on top 16.50

EMPANADAS

with spiced beef & Pipirrana sauce 19.50

ALBONDIGAS

Ground beef balls in Sofrito sauce D/F 15.50

SMOKED FISH CAKES

Sardines Mayo, bell pepper walnut sauce, Marinated onion and red chilli threads 17.50

QUESO CON EMBUTIDO*

antipasto platter with prosciutto, salami, chorizo, Manchego cheese, olives & foccacia with harissa butter **25.50**

MEDITERRANEAN FRIED CHICKEN

Served with sweet & sour Piquant sauce NGA 19.50

BROCCOLI POPCORN

Served with cilantro & bell pepper walnut hummus

NGA/V/D.F 14.50

GRILLED SCALLOPS

With chimichurri sauce & polenta **20.50**

HALLOUMI CHIPS

Served with green herb mayo NGA 20.50

TAPA PLATO*

Selection of appetizers, homemade dips with foccacia FOR TWO 79

MARISCOS PLATO*

Selection of fresh seafood, homemade dips with foccacia *FOR TWO* **89**

Hola!

As they say in Spain. Our menu starts with tapas, which was thought to have evolved simply from a hunk of bread that was placed over a glass to keep the flies out. As the tradition evolved they became humble bite size appetisers and snacks with each region developing their own specialty. Today they are shared among friends to encourage conversation with drinks before dinner.

At La Vista all our tapas are prepared freshly to order. Traditionally tapas are served in a steady flow and not necessarily all at exactly the same time. To keep an interesting fare, we offer a mix of traditional and contemporary dishes.

Please let our friendly staff know if you have any allergies or dietary conditions. But do note, while we do our best to avoid cross-contamination, foods are prepared in a kitchen where gluten, dairy and other allergens are prepared.

* INDICATES NO GLUTEN ADDED OR DAIRY FREE OPTIONS AVAILABLE ON REQUEST

FIRST COURSE

Entradas

SEAFOOD CHOWDER

With prawns, fish, calamari, scallops & mussels bound in creamy saffron sauce with garlic bread ENTREE 21.50 MAIN 30.50

PRAWNS GAMBAS*

Cooked in Sobrasada butter & served with toasted focaccia **24.50**

SPICED CALAMARI IN PESTO

Orange Kumara purée & crème fraîche, squid ink mayo & watercress 25.50

CRISPY EGGPLANT SALAD

With seasonal greens & a mango mustard almond dressing with macadamia & bell pepper hummus v 20.50 Add Halloumi cheese +\$7

LAMB RIBS MEDITERRANEAN

With fresh herb yoghurt, plum sauce, gremolata & pomegranate **27.50**

MOROCCAN CHICKEN SALAD*

Avocado, orange, roasted almond, fresh greens, Moroccan chicken strips with almond dressing NGA 27.50

MAINS

Plato principal

FRESH MARKET FISH

Chef's creation of the day *MARKET PRICE*

PAELLA DEL OCEANO*

Prawns, clams, calamari, mussels, scallops, fish & chorizo, with saffron Valencian rice & toasted foccacia *D/F*36.50

TRUFFLE GREEN PEA CREAMY RISOTTO

& seasonal veges. Vegan option available. v 36.50

EYE FILLET

220g served with confit potato, black garlic parsnip purée, broccolini and with a thyme jus NGA 45.50

BEEF WELLINGTON*

wrapped with prosciutto & wholegrain mustard, served with black garlic parsnip puree, garlic crisp & thyme jus 48.50

SOUS VIDE DUCK BREAST JUNIPER BERRIES

Ricotta cake, asparagus, plum sauce & creamy daikon purée 43.50

PORK FILLET WRAPPED IN BACON

Confit potato, black pudding, apple cider cinnamon jus 43.50

PISTACHIO CRUSTED LAMB RACK*

with honey glazed baby carrots, polenta cake, romesco sauce & a thyme jus D.F/NGA44.50

LAMB SHANK*

with kumara purée, braised red cabbage, edamame bean salsa & demiglaze NGA 43.50

PASTA OF THE DAY

Chicken & mushroom & sundried tomatoes or seafood or vegetarian choice with creamy or tomato base

33

SIDES

French Fries with Dijon aioli & tomato sauce NGA/D.F	11.50
Kumara Chips with Dijon aioli & tomato sauce NGA/D.F	11.50
Seasonal vegetables with parmesan and roasted almonds NGA/D.F*	12.50
Homemade garlic potatoes with Dijon aioli NGA/D.F	12.50
Mixed leaf salad with olives & feta NGA/D.F*	12.50
Polenta truffle chips & chilli yoghurt	13.50