La Vista

TAPAS

Plates to share

PATATAS BRAVAS*

Chunky potato with pesto & tomato sauce *G.F/V* **14.50** ADD CHORIZO **16.50**

ARTISAN, SMOKED RYE SOURDOUGH BREAD

Served with cilantro & lime hummus, harissa butter and balsamic olive oil. *D.F/V*16.50

"PIZZA" FOCACCIA

Garlic or pesto or tomato sauce on the base, semi-dried tomatoes, olives & basil and cheese on top *16.50*

EMPANADAS

with spiced beef & Pipirrana sauce 19.50

ALBONDIGAS

Ground beef balls in Sofrito sauce *D/F* **14.50**

CRAB & PRAWN ARANCINI

Served with carrot purée & parmesan. *G.F/D.F* **17.50**

QUESO CON EMBUTIDO*

antipasto platter with prosciutto, salami, chorizo, Manchego cheese, olives & baguette with harissa butter **25.50**

MEDITERRANEAN FRIED CHICKEN

Served with sweet & sour Piquant sauce. *G.F*19.50

BROCCOLI POPCORN

Served with cilantro & lime hummus. *G.F/V/D.F* **14.50**

BACON WRAPPED BOCCONCINI ROLL

Served with apricot fluid gel. *G.F* **15.50**

HALLOUMI CHIPS

Served with chilli yoghurt **20.50**

TAPA PLATO*

Selection of appetizers, homemade dips with baguette *FOR TWO 77*

MARISCOS PLATO*

Selection of fresh seafood, homemade dips with baguette *FOR TWO 85*

Hola!

As they say in Spain. Our menu starts with tapas, which was thought to have evolved simply from a hunk of bread that was placed over a glass to keep the flies out. As the tradition evolved they became humble bite size appetisers and snacks with each region developing their own specialty. Today they are shared among friends to encourage conversation with drinks before dinner.

At La Vista all our tapas are prepared freshly to order. Traditionally tapas are served in a steady flow and not necessarily all at exactly the same time. To keep an interesting fare, we offer a mix of traditional and contemporary dishes.

Please let our friendly staff know if you have any allergies or dietary conditions

* INDICATES GLUTEN OR DAIRY FREE ON REQUEST

FIRST COURSE

Entradas

SEAFOOD CHOWDER

With prawns, fish, calamari, scallops & mussels bound in creamy saffron sauce with garlic bread ENTREE 20.50 MAIN 30.50

PRAWNS GAMBAS

Cooked in Sobrasada butter & served with toasted focaccia **24.50**

ROASTED CAULIFLOWER

with coconut cream, herbs, spicy almonds and sundried tomatoes & cous-cous *D.F/VGN*19.50

Add Halloumi cheese or marinated salmon +\$7

MEDITERRANEAN CURLY CALAMARI

Served with pea tartare & green salad. *G.F/D.F* 24.50

GREEK STYLE PORK RIBS

Served with carrot tzatziki sauce & fried shallot *G.F* **24.50**

MOROCCAN CHICKEN SALAD*

Avocado, orange, roasted almond, fresh greens, Moroccan chicken strips with almond dressing G.F27.50

MAINS

Plato principal

FRESH MARKET FISH

Chef's creation of the day *MARKET PRICE*

PAELLA DEL OCEANO*

Prawns, clams, calamari, mussels, scallops, fish & chorizo with saffron Valencian rice D/F35.50

PAELLA VEGETERIAN*

Mushrooms, grilled vegetables, cherry tomatoes & peas with saffron Valencian rice D/F31.50

EYE FILLET

220g served with truffle flat mushroom, black garlic parsnip puree. green beans and with a thyme jus G.F 45.50

BEEF WELLINGTON

wrapped with prosciutto & wholegrain mustard, served with black garlic parsnip puree, garlic crisp & thyme jus 48.50

DUCK LEG

Confit cinnamon & maple glaze, green beans, kumara purée & orange sauce *G.F/D.F* 42.50

TWICE COOKED PORK BELLY

with apple puree, orange kumara fondant, adjika, green beans & a thyme jus G.F/D.F 42.50

HERB CRUSTED LAMB RACK

with honey glazed baby carrots, slow cooked shallot, romesco, cous-cous & a thyme jus *G.F/D.F*44.50

BRAISED LAMB SHANK

with demi-glace, truffle kumara puree, zucchini, pickled red onion & a thyme jus G.F 43.50

PASTA OF THE DAY

Chicken & mushroom & sundried tomatoes or seafood or vegetarian choice with creamy or tomato base

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SIDES

French Fries with Dijon aioli & tomato sauce G.F/D.F	11.50
Kumara Chips with Dijon aioli & tomato sauce G.F/D.F	11.50
Seasonal vegetables with parmesan and roasted almonds G.F	12.50
Homemade garlic potatoes with Dijon aioli G.F/D.F	12.50
Mixed leaf salad with olives & feta G.F/D.F	12.50

*DF or GF available on request